

Rehab Clinical Pilates Prices

Rehab Clinical Pilates commences with 2-3 detailed assessment consultations with your physiotherapist to create a therapeutic exercise program uniquely tailored to address your pain, movement problems, posture and goals. You then attend Rehab Clinical Pilates groups to exercise on our quality reformer beds and trapeze table.



Assessment consultation with Clinician \$85 – 30 minutes

Assessment consultation with Senior Clinician \$143 – 45minutes

Clinician Intro Pack: 3 x 30 min consultations and 1 Rehab Clinical Pilates Group for
\$260 Value \$305 save \$45 *valid for 2 months*

Senior Clinician Intro Pack: 2 x 45 min consultations+1Rehab Clinical Pilates Group for
\$300 Value \$336 save \$36 *valid for 2 months*

Price per group

TAC, DVA and Workcover will fully cover groups

\$50

Easiest Option for Claiming on Private Health Insurance:

1 Casual Rehab Clinical Pilates \$50.

* Claim your rebate at each session, you just pay the gap. Hicaps code 560 *

\$35

Best Value Option:

1 month of unlimited Rehab Clinical Pilates for \$350

(price per session based on attending 10 times a month, you may attend as many times a month as you can fit in)

Unlimited classes includes attendance at Independent Clinical Pilates. Your physio will determine if you can attend Independent CP as no Physio is present.

\$48

Most Flexible Option:

5 Card Pass \$240

* Valid for 12 months *

10 Card Pass \$460

* Valid for 12 months *

\$46

Sticky socks must be worn at
Rehab Clinical Pilates.
We give you your first pair for
free!

To book:

Call: 5623 3306

Online: www.throughlifephysio.com.au

At Reception

Clinic and Class location:

100 Brandy Creek Rd, Warragul



The all important fine print on Rehab Clinical Pilates price options.

- To claim on Private Health Insurance you may choose to pay the casual rate at each group and make use of HICAPS claiming. The group code is 560.
- You may also request a receipt to claim on private health insurance any of the other payment options.
- Price per class quoted against the pricing options of casual class, 5 card and 10 card options are accurate. Price per class quoted against unlimited class option is based on the assumption that 10 groups are attended during the month. You may attend as many classes as you like in 1 month.
- The 5 Card Pass is alternatively also valid for 10 Tone Clinical Pilates classes. And the 10 Card Pass is alternatively also valid for 20 Tone Clinical Pilates classes. This is an excellent option for people who need to change from one type of exercise group to another. For example you may have done 4 Tone Clinical Pilates classes when Rehab Clinical Pilates is determined by your physiotherapist to be more appropriate. The 6 Tone Clinical Pilates classes you have remaining are alternatively valid for 3 Rehab Clinical Pilates groups.
- 24 hours notice is required to cancel a consultation without payment. Cancellation must be made by phone. No shows or late cancellations for consultations will incur a \$50 fee. Please let us know if you have unexpected extenuating circumstances.
- 24 hours notice is required to cancel a group without payment. Cancellation must be made by phone. No shows or late cancellations will incur a \$30 fee irrespective of the chosen payment method for classes. Please let us know if you have unexpected extenuating circumstances.
- The cancellation/no show fees also applies to clients who have clinical pilates classes funded through TAC, Workcover, DVA or any other third party. Please let us know if you have unexpected extenuating circumstances.
- Suspensions, cancellations and refunds:
 - Must be requested in writing.
 - Are granted at the discretion of Through Life Physiotherapy management.
 - Are available if the client unexpectedly moves out of the area (more than 40km from Warragul)
 - Are available if the client is injured or has a medical condition where exercise in all forms offered by Through Life Physiotherapy is determined to be unsafe or detrimental.
 - Doctors certificates may be submitted, but the final decision will be made by a Through Life Physiotherapy Physiotherapist as we are experts in exercise and health conditions.
- Unlimited 1 month Rehab Pilates membership includes attendance at any of our Independent Clinical Pilates classes.