Through Life Physiotherapy

Caring | Empowering | Achieving

Body and Brain Rehab Prices (9/2/26-3/5/26)

Body and Brain Rehab commences with 2-3 detailed assessment consultations with your physiotherapist to create a therapeutic exercise program uniquely tailored to address your pain, movement problems, neurological conditions and goals. You then attend Body and Brain Rehab groups to exercise on our quality reformer beds and trapeze table.

Price per group	NDIS, TAC, DVA and Workcover will fully cover groups
$62	**Easiest Option for Claiming on Private Health Insurance:** 1 Casual Body and Brain Rehab Class $56. * Claim your rebate at each session, you just pay the gap. Hicaps code 560 *
$45 $34	**Best Value Options:** 1 month of unlimited Body and Brain Rehab Classes for $450 3 months of unlimited Body and Brain Rehab classes for $1170 * Note rules for suspensions over page * (price per session based on attending 10 times a month, you may attend as many times a month as you can fit in) *Unlimited classes includes attendance at Independent Rehab. Your physio will determine if you can attend Independent Rehab as no Physio is present.*
$56 $54	**Most Flexible Options:** 5 Card Pass $280 * Valid for 12 months * 10 Card Pass $540 * Valid for 12 months * Sticky socks must be worn at Body and Brain Rehab. We give you your first pair for free if you purchase a membership!

To book:
Call: 5623 3306
Online: www.throughlifephysio.com.au
At Reception

Clinic and Class location:
100 Brandy Creek Rd, Warragul

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The all-important fine print on Body and Brain Rehab price options.

- To claim on Private Health Insurance, you may choose to pay the casual rate at each group and make use of HICAPS claiming. The group code is 560.
- You may also request a receipt to claim on private health insurance any of the other payment options.
- Price per class quoted against the pricing options of casual class, 5 card and 10 card options are accurate. Price per class quoted against unlimited class option is based on the assumption that 10 groups are attended during the month. You may attend as many classes as you like in 1 month.
- The 5 Card Pass is alternatively also valid for 10 Clinical Exercise Group classes. And the 10 Card Pass is alternatively also valid for 20 Clinical Exercise Group classes. This is an excellent option for people who need to change from one type of exercise group to another. For example, you may have done 4 Clinical Exercise Group classes when Body and Brain Rehab is determined by your physiotherapist to be more appropriate. The 6 Clinical Exercise Group classes you have remaining are alternatively valid for 3 Body and Brain Rehab groups.
- 24 hours' notice is required to cancel a class without payment.
- We understand life can be unpredictable, so we grant two ‘free cancellations’ for the times you may need to unexpectantly cancel.
- If you cancel a third time with less than 24 hours' notice you will be charged a $30 fee, regardless of reason for cancellation. This fee must be paid before you attend your next class.
- The cancellation/no show fees also applies to clients who have clinical pilates classes funded through TAC, Workcover, DVA or any other third party. Please note third party payers will not pay a cancellation fee, you will be required to pay this yourself before your next class.
- The NDIS have a separate cancellation policy which is outlined in the NDIS service agreement.
- Suspending or ceasing your membership:
  - Must be requested in writing.
  - Are granted at the discretion of Through Life Physiotherapy management.
  - Are available if the client unexpectedly moves out of the area (more than 40km from Warragul)
  - Are available if the client is injured or has a medical condition where exercise in all forms offered by Through Life Physiotherapy is determined to be unsafe or detrimental.
  - Doctor's certificates may be submitted, but the final decision will be made by a Through Life Physiotherapy Physiotherapist as we are experts in exercise and health conditions.
  - Holidays are not included as a reason to suspend or cease your membership.
- Unlimited 1 or 3 month Body and Brain Rehab memberships include attendance at any of our Independent Rehab classes.