



Through Life Physiotherapy

Caring | Empowering | Achieving

Please submit a written application including your CV/Resume and a letter addressing the following Key Selection Criteria. Applicants who proceed to interview will be required to present their skills in teaching exercises to one person.

Key Selection Criteria – Allied Health Assistant

Through Life Physiotherapy – Warragul, VIC

Purpose

Allied Health Assistants (AHA) provide administrative and practical support to Physiotherapists, delivering therapy to clients individually and in groups in accordance with programs prescribed by Physiotherapists. This role supports the efficiency of practice operations and ensures clients receive safe, effective, and engaging care.

Qualifications

Allied Health Assistants applying may have any of the following qualifications and experience. Please specify your qualifications, progress toward qualifications

- Cert IV Allied Health Assistance
- Physiotherapy Student any year level but with availability to work i.e. not currently on placements.
- Qualifications in Personal Training or Fitness along with experience in disability.
- Qualifications in Disability along with life experience in exercise.

Experience and Knowledge

Please specify which of these you experience in:

- Allied Health Assistant role (specify if with Physio, OT, Speech or another discipline)
- Healthcare industry
- Fitness or Dance industry
- Disability services
- Customer service

Required Skills

- Strong skills in guiding clients through exercises safely and effectively.
- Deliver physiotherapy services as directed by Physiotherapist programs and prescriptions.
- Willing to work across a broad range of contexts including; clinic consulting room, clinic gym/pilates studio, clinic outdoors, parks, sports grounds, pool, in client's home, school, kindergarten, daycare and telehealth video call.

- Willing to work with a broad range of clients consistent with the populations at Through Life Physiotherapy (see our website and following document.)
- Maintain accurate and timely patient records.
- Support practice operations and administration.
- Clean and maintain therapy equipment and environments.
- Contribute to marketing and promotion activities where relevant.
- Assist with documentation relating to practice services.
- Description of any other skills or experiences that would enhance Through Life Physiotherapy's services and align with our values and community focus.

Philosophy and Practice Approach

- A treatment philosophy consistent with Through Life Physiotherapy's values of Caring, Empowering, and Achieving. (see company philosophy following for more details.)
- Passion for sharing knowledge with colleagues and a commitment to ongoing learning.
- Commitment to applying evidence-based practice under the direction of physiotherapists.

Professional and Personal Attributes

- Ability to maintain accurate and timely documentation and clinical records.
- Strong attention to detail, time management, and prioritisation skills.
- High level of motivation, empathy, and a client-centred approach to care.
- Demonstrated ability to:
 - Understand and support the goals of clients and their families, and
 - Think creatively to deliver individualised, goal-focused treatment strategies as guided by physiotherapists
- Strong communication skills, including:
 - The ability to work with groups, and
 - Effective interaction with clients who may have cognitive, behavioural, or communication challenges.
- Demonstrated teamwork, initiative, and self-management.
- Professional personal presentation and appropriate dress standards for therapy settings.
- Customer Service Focus

Essential Requirements

- Current Victorian Driver's License and access to own vehicle.
- Current Victorian Police Check.
- Current Working with Children Check.
- One of the above qualifications.



COMPANY PHILOSOPHY

www.throughlifephysio.com.au

Organisational Culture:

Vision

Excellent Physiotherapy tailored to unique life stages.

Why work for Through Life Physiotherapy?

We love caring for people. We are passionate about enabling people to achieve.

Values

1. Caring

To engage with clients and their families, in order to truly understand their concerns and goals.

Demonstrating genuine respect for and acknowledging the value of; clients and their families, members of the community and workplace, and the environment.

2. Empowering

To work in partnership with clients, their families and the community.

To work as a team of professionals who learn from each other, who fulfil their own responsibilities and assist others.

3. Achieving

Working with clients to achieve their goals.

A positive attitude and ability to complete tasks. A commitment to professional development in your chosen area of Professional Practice.

Overview of Through Life Physiotherapy:

Excellent Physiotherapy tailored to unique life stages. Through Life Physiotherapy is an innovative private practice. After renting premises for 12 years, in May 2018 we moved into our very own custom designed and built practice building. In 2025 and 2026 we built our own on-site outdoor playground and sports area. In early 2027 we will be opening our second clinic in

Warragul. We enjoy a truly beautiful workspace that provides for the disability access needs that our clients require. We were the first private practice in Gippsland listed as providing Neuro physio on "APA find a physio". We were the first Physios in our town to provide Clinical Pilates. We were the first physio to register for the NDIS in our region. Through Life Physiotherapy is an equal opportunity employer in which harassment or unfair treatment of any kind is not acceptable. In order to provide for our clients, Through Life Physiotherapy aims to employ both experienced practitioners who are specialists or are progressing towards specialisation, and physiotherapists who are seeking further mentoring and development in specialist fields.

The specialties we currently focus on are:

- Paediatric Physiotherapy
- Neurological Physiotherapy
- Hydrotherapy
- Vestibular Rehabilitation
- Invisible Illness
- Clinical Pilates
- Gender, Pelvic and Breast Health
- Musculoskeletal Physiotherapy

We believe that rehabilitation continues until our clients reach all their goals, consequently we will provide therapy in the locations where they need to gain or relearn movement skills and independence. Locations can include:

- Our clinic, with consulting rooms and pilates gym
- Our on site play ground and undercover sports ground.
- Schools, Kindergartens and Childcare Centres
- Workplaces
- Home
- Community locations
- Local swimming pool
- Local Gym
- Sporting clubs
- Farms

Given the diverse needs of our clients, Through Life Physiotherapy provides a broad range of treatment options for individuals and groups:

- Individual, consultations for hands on or exercise based therapy.
- Body and Brain Rehab Classes
- Gym programs
- Advanced Neurological Physiotherapy Disability Sport and Rec.
- Hydrotherapy
- Clinical Exercise Group Classes
- Community mobility consultations and therapy
- Facilitation of return to or enabling participation in employment and recreational activities

